

SUPERCHARGE YOUR HEALTH.

Why Choose BareOrganics Superfoods?

Whole foods have a complex nutritional makeup rich in beneficial micro and macro-nutrients. These type of superfoods are considered nutrient-dense and provide the best source of nutrition for busy, active people who want to optimize their diets with high-quality ingredients in convenient forms, such as powders that can be easily blended into a smoothie or added to a meal.

We use processes like freeze-drying and low temperatures to preserve the integrity and freshness of our foods. This makes it like consuming the real thing – **only more conveniently.**

The entire selection of BareOrganics Superfoods are:

- Raw (Unprocessed)
- Natural
- Chemical-Free
- Non-GMO
- Gluten-Free
- Vegan

We are committed to utilizing, sourcing and selling only the highest-quality ingredients from the best sources possible.

Our containers are 100% recyclable, reusable, microwave and dishwasher safe and make for the perfect storage solution at home.

SUPERFOODS TO NOURISH YOUR LIFE.

By choosing nutrient-dense, unprocessed foods and beverages, you provide your body with the essentials it craves. When you're eating right and achieving your daily nutritional and activity goals, you'll feel great, both inside & out.

LIFE'S COMPLICATED. OUR NUTRITION IS SIMPLE.



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Superfoods to nourish your life.



RAW NATURAL GOODNESS

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TURMERIC ROOT

Highly regarded in Ayurvedic herbalism, Turmeric Root is referred to as the 'cleanser of the body'.

Turmeric root may help maintain healthy inflammatory response, support joint health and comfort and function as a natural blood thinner. It also contributes to healthy skin and a natural glow when used topically!

What's in it?

Curcumin, iron, calcium, manganese, magnesium.



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BEET ROOT

Beet root is well known for its rich colour but it can also add earthy sweetness to food and drinks without compromising its nutrition.

Including beet root in your diet is a sure way to support the body's natural energy and improve performance, assist in the detoxification process and promote regularity for a healthy digestive tract. But, due to its high nitrate content, beet root can also be an effective, natural source that helps reduce blood pressure levels!

What's in it?

Nitrates, betaine, betalains, fibre, folate, potassium, manganese.



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MACA ROOT

The root of this Peruvian plant, with its earthy and nutty flavor, has been used as a flavor enhancer and medicine for many years.

Maca root can be used as a supplement to boost natural energy, increase endurance and early research supports its purported benefit as a natural libido lifter especially in persons on anti-depressants. Plus, being an adaptogenic plant, maca can function as a stress support!

What's in it?

Iron, iodine, calcium, 17 amino acids, vitamins C and B3 (niacin).



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ENERGY & STAMINA BLEND

BareOrganics Energy & Stamina Blend offers a comprehensive list of super foods that work to produce natural, long-lasting energy.

This great-tasting powder combines energy boosting foods that support natural energy production while enhancing stamina, performance and vitality.

It's sweetened with stevia and a small amount of coconut palm sugar – which contributes to its pleasant taste without spiking blood sugar levels!

What's in it?

All the benefits of beet, maca & ginger roots, as well as cacao & air dried apple powders.



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MORINGA LEAF

The Moringa Tree is aptly nicknamed the 'Tree of Life'. This is because almost every part of the tree has been used in traditional, Ayurvedic medicine.

The leaves of the Moringa Tree can help the body in its fight against free radicals, reduce inflammation, assist in the protection of the liver and provide an energy boost, but without the associated jittery feeling as it's stimulant free!

What's in it?

Protein, vitamin B6, vitamin A, vitamin C, iron, magnesium, calcium, potassium.



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WHEATGRASS

A young and nutrient-dense member of the wheat family, Wheatgrass is one of the greatest sources of chlorophyll and may increase antioxidant levels in the body.

Supplementing with wheatgrass can help support a healthy immunity, increase energy levels, improve digestion and provide aid to the liver in the natural detoxification process. Plus, it can play an important role in weight loss!

What's in it?

Protein, 17 amino acids, vitamins A, C, K, E and the B-complex vitamins, iron, selenium, chlorophyll.

