

COMMON SIGNS & SYMPTOMS OF MENOPAUSE

Menopause causes many changes in a woman's body. The symptoms experienced are the result of a decreased production of estrogen and progesterone in the ovaries and not all women will have the same experiences. However, the vast majority of women report:



HOT FLASHES



NIGHT SWEATS



MOOD SWINGS



DISRUPTED SLEEP



IRRITABILITY



JOINT PAIN

NATROL Complete Balance™

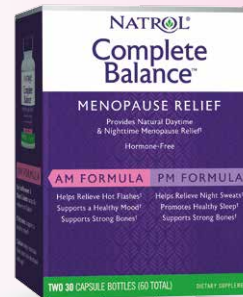
COMPLETE BALANCE PROVIDES:

- Natural relief for hot flashes and night sweats
- A more relaxing and restful sleep
- Support for a more balanced mood

Life Does Not Pause With Menopause

Easy to use:
1 A.M. capsule in the morning

1 P.M. capsule 30 mins. before bedtime



Visit us: pharmtechcaribbean.net

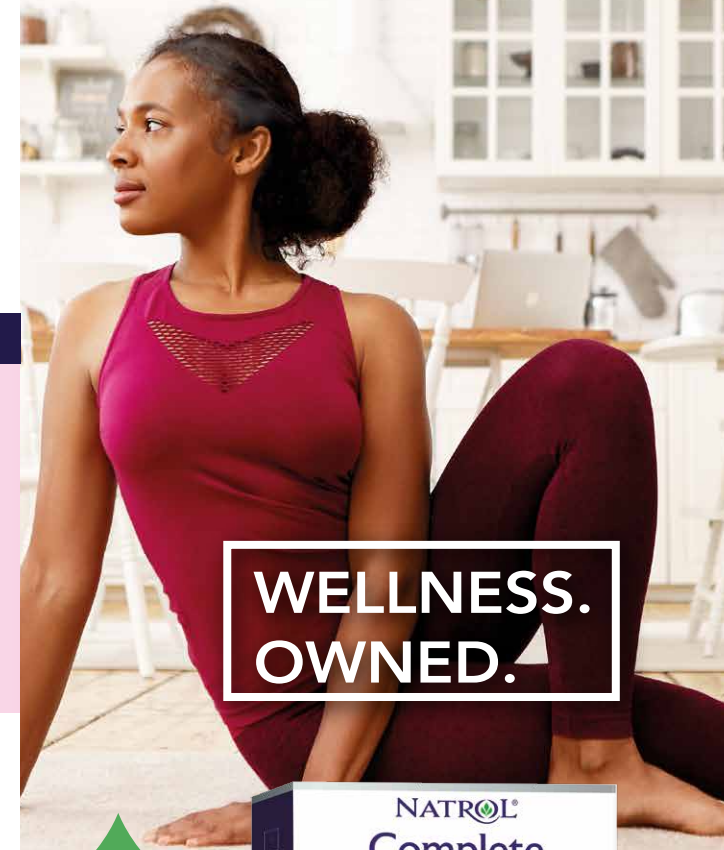
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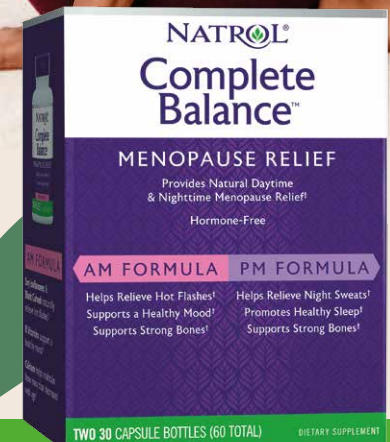
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NATROL®

24hr MENOPAUSE RELIEF



**WELLNESS.
OWNED.**



WHAT IS MENOPAUSE?

Menopause is a natural part of a woman's life cycle. It is the stage in a woman's life when her monthly period ends. It is defined by having no menstrual period for twelve consecutive months.

The age at which menopause is experienced varies from woman to woman, but it typically occurs in the late 40's to early 50's.

THEN, WHAT IS PERIMENOPAUSE?

Perimenopause is the period of time immediately before menopause begins.

Here, the body is starting the process of transitioning into menopause. So, hormone production in the ovaries begins to decline and some women experience several of the symptoms associated with menopause. The menstrual cycles usually become irregular at this point.



NATROL®
**Complete
Balance™**

A hormone free option for natural daytime & nighttime menopause relief. Hot flashes and mood swings can not only ruin your day but also disrupt the good night's sleep that the body needs to handle menopausal changes. Natrol Complete Balance contains a special blend of vitamins, minerals and herbal ingredients designed to work separately, as an A.M. and P.M. formula, to address a range of symptoms.



DAY

A.M. TARGETED FORMULA CONTAINS:

- Black Cohosh & Soy Isoflavones** - to naturally relieve hot flashes
- B-Vitamin Complex** - to support a healthy, balanced mood
- Calcium** - to help maintain bone mass that decreases with age



NIGHT

P.M. TARGETED FORMULA CONTAINS:

- Soy Isoflavones** - to naturally relieve night sweats
- Melatonin** - to promote a more relaxing, restful night's sleep
- Calcium** - to help maintain bone mass that decreases with age