RUN | ANTI-ACNE
THREE STEP PROGRAMME

It is specialized, complete and innovative!

STEP 1 – DAILY USE:

RUN Anti-Acne Cleanser
It cleanses, exfoliates and moisturizes the skin, while helping to regulate sebum secretion, leaving the skin smooth & soft to the touch.

STEP 1

STEP 2 – WEEKLY USE:

RUN Refresh Scrub
It efficiently unclogs and cleanses follicular pores. It is a natural exfoliant, helps in the treatment of acne and fights oiliness, while having a high efficacy against dark spots & small scars.

STEP 2

STEP 3 – DAILY USE:

RUN Anti-Acne Cream
It visibly reduces the signs of acne and excess sebum on the skin. It also removes dead skin cells, significantly reduces blackheads, and improves the skin's texture.

STEP 3

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How does the RUN ANTI-ACNE Three Step System Work?

RUN Anti-Acne Cleanser:

Includes both **AHA - ammonium lactate** and **BHA - salicylic acid.**

The cleanser works both on the surface layer of the skin helping to fade hyperpigmentation and restore moisture as well as deep below the surface to dissolve sebum and unclog pores.

*If required, remove all make-up and then apply a sufficient quantity of **RUN Anti-Acne Cleanser** to a cotton pad and cleanse the acneic area using gentle, circular motions. (Apply once at night, avoid direct sunlight immediately after use)*

RUN Refresh Scrub:

It contains the naturally occurring **perlite granules** which gently but effectively exfoliates the skin. This mild deep cleanse of the pores fights skin oiliness and unclogs blocked follicles in the fight against acne.

*Wet the skin and apply **RUN Refresh Scrub**, massaging the area in circular motions until foam is created, rub in gently and avoid the sensitive eye area, rinse thoroughly. (Apply 2-3 times weekly, physical exfoliants are not suitable for daily use)*

RUN Anti-Acne Cream:

A potent combination of **niacinamide PC 4% + dermapur HP 4% + bisabolol** which efficiently fights the causes of acne and prevents re-occurrence. It has been shown to produce better results than clindamycin by:

1: Inhibiting St. Aureus bacteria by 82%
2: Inhibiting Pr. Acnes bacteria by 92%
3: Stimulating cathelicidins - fights pathogens
4: Minimizing hyperpigmentation spots

*After cleansing, gently apply **RUN Anti-Acne Cream** to the affected skin until completely absorbed. (Apply twice daily, gentle and lightweight enough for everyday use)*